

PARANORMAL UNDERGROUND®

Volume 15, Issue 1

January 2022

PSYCHOLOGY & THE PARANORMAL

PROF. MATTHEW J. SHARPS

The Haunted
HOOVER HOUSE

THE HAUNTINGS
OF HISTORY

St. Clair Triangle
UFO INCIDENT

Abductees &
Hearing Voices

ALSO INSIDE:

AN INVESTIGATION IN SOMERVILLE

'SPOOKS' TRABOLD: EXORCIST IN ACADEMIA

PEACOCK ORE: THE MYSTIC'S STONE

IMBOLC AND THE MAGIC OF SPRING



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He has a bachelor's degree in applied organizational management and a bachelor's in metaphysical science from the University of Metaphysics. Bob is also an ordained minister/metaphysical practitioner with the International Metaphysical Ministry.

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He interviewed celebrity demonologists Ed and Lorraine Warren and was featured on *Exploring the Bizarre*, with the late legendary Timothy Green Beckley (Mr. UFO) and Tim R. Swartz (Commander X). His book, *Shepperton: The Myth, Miracle & Music*, investigates supernatural events during a Pennsylvania mining disaster.

Maxim has been interviewed on paranormal programs Darkness on the Edge of Town, Darkness Radio, Dark Sun Rising, Midnight in the Desert (with Heather Wade), Normal Paranormal, and Para-X Radio. He is a contributor to *Fate Magazine*.

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Willie has appeared on A&E's *Cursed: The Bell Witch* and CMTs *Most Shocking Ghosts*. He also hosted a public access show in Louisville, Kentucky, for 12 years, called *Spiritual Gifts and Wonders*. In addition, he created a group of sensitives, called Soul Warriors, who are based across the U.S.

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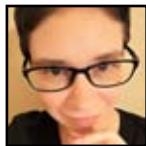
Cheryl's previous magazine experience includes roles as senior and managing editor for several niche publications and online media.

paranormalunderground.net

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Morgan is a graduate from the University of North Carolina in Greensboro where she obtained a bachelor's degree in English. She loves to write and maintains a healthy fascination with all things paranormal thanks to experiences with the unexplained that she has experienced throughout her life.

Morgan knows a little bit about a lot of paranormal topics from research she has conducted. She pledges to keep you up to date about things that go bump in the night via *Paranormal Underground's* monthly news column.



KELSEY MCCONNELL

Kelsey received her bachelor's degree in television and film production from SDSU in 2016, as well as her MFA in musical theatre writing from NYU in 2018. When she's not writing for Open Road Integrated Media, she uses most of her free time for napping, writing her own novels, and snuggling with her dog. She's a co-host of the movie review podcast *The Movie Broads*.

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ATHENA PERRAKIS, PH.D.

Athena is the founder and CEO of SageGoddess.com, a source of sacred tools and metaphysical education. She earned a doctorate from the University of Southern California in educational leadership and has 15 years of experience as a professor, corporate trainer and consultant, and educator. Athena's metaphysical experience includes expertise in gemology, astrology, tarot, aromatherapy, Reiki, and herbal medicine.

Through her writing, online courses, and material offerings, Athena helps others cultivate and maintain sacred space in their lives for peace, healing, and abundance.

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TOM RANNACHAN

Tom is a Scottish author and expert on the paranormal and has also been an accomplished hypnotist for over 20 years, both on stage and helping others. He has helped thousands of people through his abilities using hypnosis and spirituality. His deep connection, knowledge, and rational approach to all things paranormal have given many comfort and solace over the years. Tom is the author of *Psychic Scotland* and *Language of the Afterlife*.



He is also a personal trainer and life coach. In his spare time, he is an experienced musician (bass player) and is obsessed with history.

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RAINBOW RADAELLI

Rainbow is a paranormal, abductee, and cryptid researcher along with her husband, Michael. She is an experiencer herself, dealing with paranormal phenomenon since childhood. The silk road of life has led Rainbow in many directions: cowgirl, medicine woman, gypsy, belly dancer, and truth seeker. All directions have paralleled each other, finally coming together in Rainbow's articles, research, and blogs.



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MARIA ANNA VAN DRIEL

Maria Anna is an investigative journalist, columnist, author, and theoretical physicist with a master's degree in ancient alchemy and bachelor's degree in metaphysics. Her interests include mythology, medieval and pre-Egyptian symbolism, and quantum, optical, particle, and astroparticle physics, among others.



As the founder and publisher of *The Next Truth* and *Young People Science* magazines, Maria Anna profiles open-minded scientists and non-scientists who combine accepted science and the still-unexplained events in life within their work and research.

nexttruth.com

CHAD WILSON

Afreelance writer, Chad is co-creator and publisher of *Paranormal Underground* magazine and co-producer of *Paranormal Underground Radio*. His interest in the paranormal led to the creation of www.ParanormalUnderground.net.



Chad has investigated with East Tennessee Paranormal Research Society and counts Waverly Hills Sanatorium, the Villisca Axe Murder House, Bobby Mackey's Music World, the Queen Mary, Queen Anne Hotel, Hotel Alex Johnson, Brushy Mountain State Penitentiary, and private residences among his investigations.

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Have you had a paranormal encounter you'd like to share? Email us at paranormalunderground@live.com.

CALENDAR OF EVENTS

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February 11-12

Kingston upon Hull

Investigation

39 De Grey St.
Hull HU5 2RY, UK

March 5

Austin Witchfest

Jourdan-Bachman Pioneer Farms
Austin, TX

March 11-12

OZ Paracon Paranormal

Conference

Virtual conference on Zoom

March 17-20

TransWorld's Halloween & Attractions Show

America's Center
St. Louis, MO

March 25-27

Rochester Winter Parafest

Valley Oak Event Center
Geneseo, NY

April 8-10

Ozark Mountain UFO Conference

Best Western Inn of the Ozarks
Eureka Springs, Arkansas

April 9

MUFON Pittsburgh Area

UFO Conference

Westmoreland Community College
Youngwood, PA

April 22-23

Nebraska Bigfoot

Conference

Hastings, NE

April 29-May 1

CrimeCon: Las Vegas

Paris and Bally's
Las Vegas, NV

May 13-14

WNC Bigfoot Festival

Downtown Marion, NC
Marion, NC

May 13-15

West Coast Haunters

Convention

DoubleTree by Hilton Hotel
Portland
Portland, OR

May 20-22

ParaVation

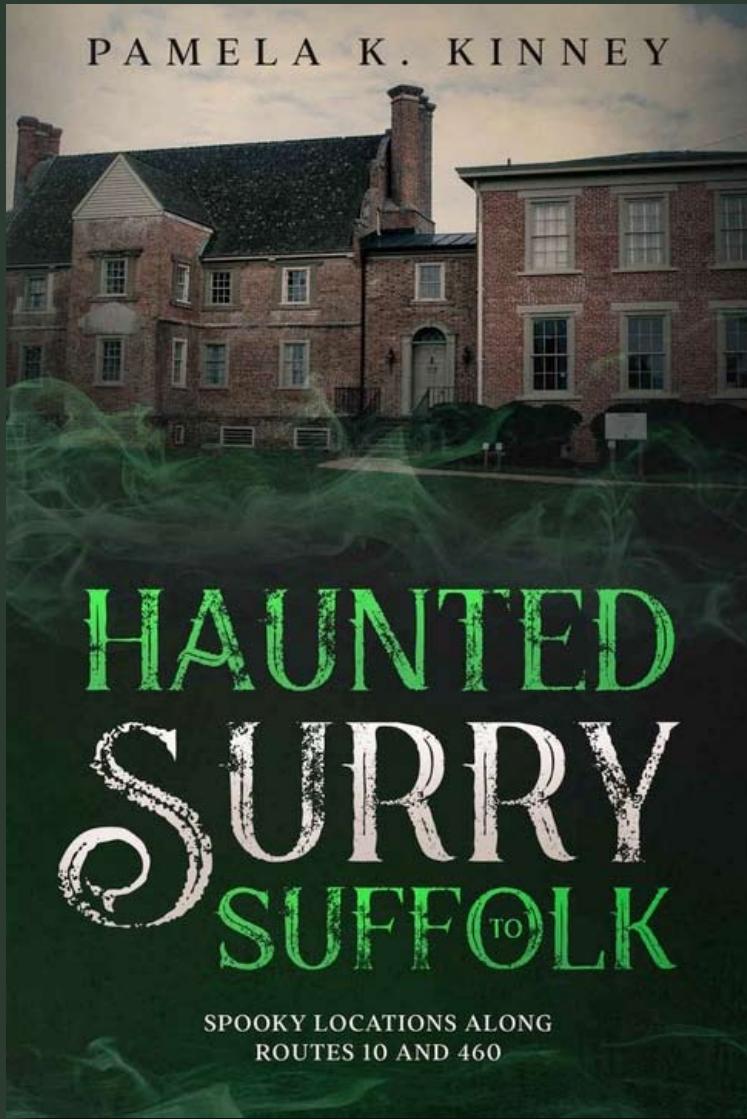
Hupps Hill Visitor Center
Strasburg, VA

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HUMANOID ENCOUNTER, HOLIDAY GHOST & NEW UFO INFO

BY MORGAN LINEBERRY

HUMANOID CREATURE ENCOUNTERED IN CREEPY WOODS

According to Phantoms and Monsters, an anonymous person going by SS had an unusual encounter one weekend in November. SS and some friends decided to visit a patch of woods in Newfoundland, Canada, with an abandoned slaughterhouse that is rumored to be haunted. Not only did they go once, but they visited twice.

The second time is when things got spooky. What the group initially thought was the wind turned into something more. “The pattern didn’t match up with the wind. It didn’t make any sense for it to be howling like that, sounding almost as if someone was whistling at us to get our attention,” SS said.

While exploring the different buildings that made up the slaughter house, they heard what sounded like doors slamming and something running around. It sound like “a rusty door was being slowly opened and closed” and then “a series of loud banging, like something was running across the metal floor of the building,” according to SS.

As they were leaving the area, they looked back and shined their flashlights on the building. It was then that they witnessed something truly horrifying: a “completely solid white bipedal humanoid running down the trail.” Cryptid? Alien? Demonic entity? I don’t know, and I hope I never find out!



UAPX TO SHARE NEW UFO INFO IN 2022

Anytime UFO news is released to the public, it's a big deal. And during 2021, it seemed that a lot more UFO news than usual was released, including from the U.S. government. According to UFO researcher Ryan Sprague, even more UFO news will be released in 2022 from UAPx, an all-volunteer and non-funded civilian organization that researches UFOs and UAPs.

This year, UAPx will be releasing 3 terabytes of new UFO data. For those of you (like me) who aren't sure exactly how much data that equates to, it “includes over 600 hours of infrared video from numerous FLIR cameras.” A lot of this was collected over the past year.

“The general results from the data collection and analysis reveal a statistically significant number of anomalous objects and phenomena,” according to Sprague.

Could this footage contain some definitive proof of intelligent extraterrestrial life? We will have to wait and see.



HOLIDAY SPIRIT ... LITERALLY

It turns out Ebenezer Scrooge isn't the only one to ever get a paranormal visit around the holidays. The Mirror's Jessica Cripps explained that caregiver Melanie Scholes of Greater Manchester in England had a spooky experience while sitting with a



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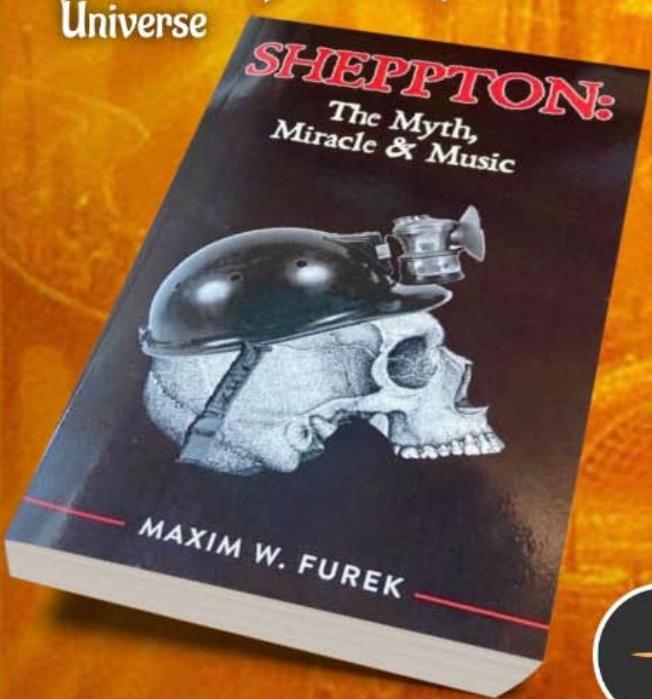
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patient near her Christmas tree. The pair had been talking about the patient's deceased brother when a glass ornament fell from the untouched tree and shattered. That's odd enough, but later Cripps captured something on camera.

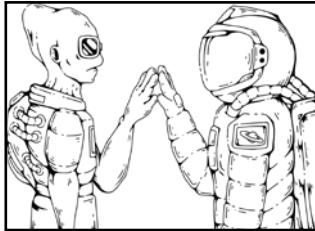
"It was not until later that afternoon, when Melanie took a picture of the tree to send to her mum, that she realized there was a face gazing right at her from among the branches," according to the story.

Cripps suspects that the face belongs to "her colleague's deceased brother 'letting her know he was still around.'" In fact, the patient did say the face in the photo was her brother.

THEOLOGIANS PREPARE FOR ET CONTACT

If we are going to contact extraterrestrials, we probably need to make a good first impression. Luckily, NASA has that covered, according to an article by *Anomalien*. NASA "is preparing a "squad of priests" for contact with representatives of hypothetical extraterrestrial civilizations." Twenty-four priests and theologians "will have to work out important issues related to contact with hypothetical aliens."

Life on other planets does not contradict any religious doctrine so that is not an issue. "Modern priests accept hypotheses according to which planet Earth is not the only place in the universe where life could originate," according to the report. The point is to address "societal implications" surrounding the possibility of encountering alien life.



This is an interesting angle that I had not previously considered, and I am impressed with NASA for developing such a program.

HAUNTED HOUSE FOR SALE IN CANADA

Is that \$26 million blowing a hole in your pocket? Well, good news! There's a unique house on the market in Vancouver, Canada, according to Jocelyne LeBlanc of *Mysterious Universe*.



"The home, which is located at 4118 Cambie Street, has some terrifying paranormal stories associated with it and has even been referred to as 'the most haunted house in Vancouver,'" the story said.

There are two origin stories for the property. The first is "ancient burial ground." The second is "a man who murdered his elderly mother there." Whatever the reason, there are horrifying tales associated with the house, including a couple who went to check on their crying baby only to find "the baby on the edge of the window sill."

One family left for dinner and came back to their belongings neatly repacked, while another family woke in the morning "outside on the lawn along with their suitcases and boxes." Others have seen a female apparition and shadowy figures.

It is abundantly clear that whatever is inhabiting the house wants to be left alone. ♦

WANT TO KNOW MORE ABOUT UFOS?

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‘HIS HOUSE’

A STUNNING, HEART-POUNDING HORROR GEM

By Kelsey McConnell, The Lineup



Photo: Regency Enterprises

With such a wealth of horror movies available on streaming services right now, it's no surprise that even fantastic, must-watch films go without the attention they deserve. The 2020 Sundance Film Festival horror/thriller hit *His House* is a prime example.

Combining political terrors with visceral haunted house thrills, this film is definitely a hidden gem on Netflix. Don't waste any more time — discover a new favorite!

The movie follows refugees Bol (Sope Dirisu) and Rial (Wunmi Mosaku), who flee South Sudan with their daughter, Nyagak. Though the couple escapes their war-torn country, their daughter — like many others — does not survive the treacherous journey.

The Majurs settle down with a probational asylum in an English town outside of London, hoping for a better life. But all is not well. The house assigned to them is decrepit, harsh restrictions have been imposed upon them, and the locals harbor deeply racist attitudes.

While Bol does everything he can to assimilate to the way of life in the U.K., Rial clings desperately to the culture they left behind. But as the days pass in their shabby new home, the couple experiences strange and chilling phenomena, complete with visions of the deceased Nyagak and a mysterious man who disappears into the walls.

A great evil has moved in alongside them, an entity that demands a grave debt be repaid. As the horrors of reality's darkest truths play out parallel to the horrors of South Sudan's folklore, a truly gripping movie unfolds on screen.

Based on 119 reviews collected on Rotten Tomatoes as of this writing, the film maintains a 100% approval rating. This was a debut feature film for writer and director Remi Weekes, who won Best Director at the British Independent Film Awards for his efforts.

Check out the *His House* teaser [here](#). Then stream it exclusively on Netflix.♦



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AND TUDHOE IN THE U.K.***



How Cultural Beliefs & Psychology Influence Paranormal Encounters

Psychology Professor Matthew J. Sharps Weighs In

By Maria Anna van Driel, *The Next Truth*

What is real, and what is not? Do we really have any clue what this mathematical Matrix that surrounds us truly contains?

As far as it is known, our brain has not yet learned how to place a concept into the frame of classical reality or how to convert the geometric design(s) of nature herself into an understandable language.

"Once, I accidentally changed the lens of my camera during a sandstorm in Southeastern Utah, and two little dust specks ended up inside the camera," said Matthew J. Sharps, professor of psychology at California State University, Fresno, during a podcast with *The Next Truth*. "I saw there were the two little spots on these pictures that looked like perfect flying saucers. When, in an experiment, we told people that these pictures were taken in an area where people had reported witnessing paranormal and spiritual phenomena, which was true. These dust specks suddenly turned into UFOs, possibly Klingon invaders in their spaceships for those individuals."

Like water chooses the easiest way to descend, the brain seems to automatically grab what is the most logical translation of what it "thinks" it is perceiving and, in a most creative manner, starts filling in the blanks of whatever it might be that is dwelling in a dark forest or crossing the skies with a speed that breaks all laws of physics.

"In some of my own research that we have published, we show the psychological characteristics that incline you to believe, and to perceive, one type of paranormal phenomena or another," Professor Sharps says.

So, what is the purpose for our brain to fill in these blanks with Mother Nature's monsters, UFOs, or conspiracy theories? Is it a neuron-psychological defense mechanism? Where lies the origin of this stimulus that is triggering the brain in believing its own creations and



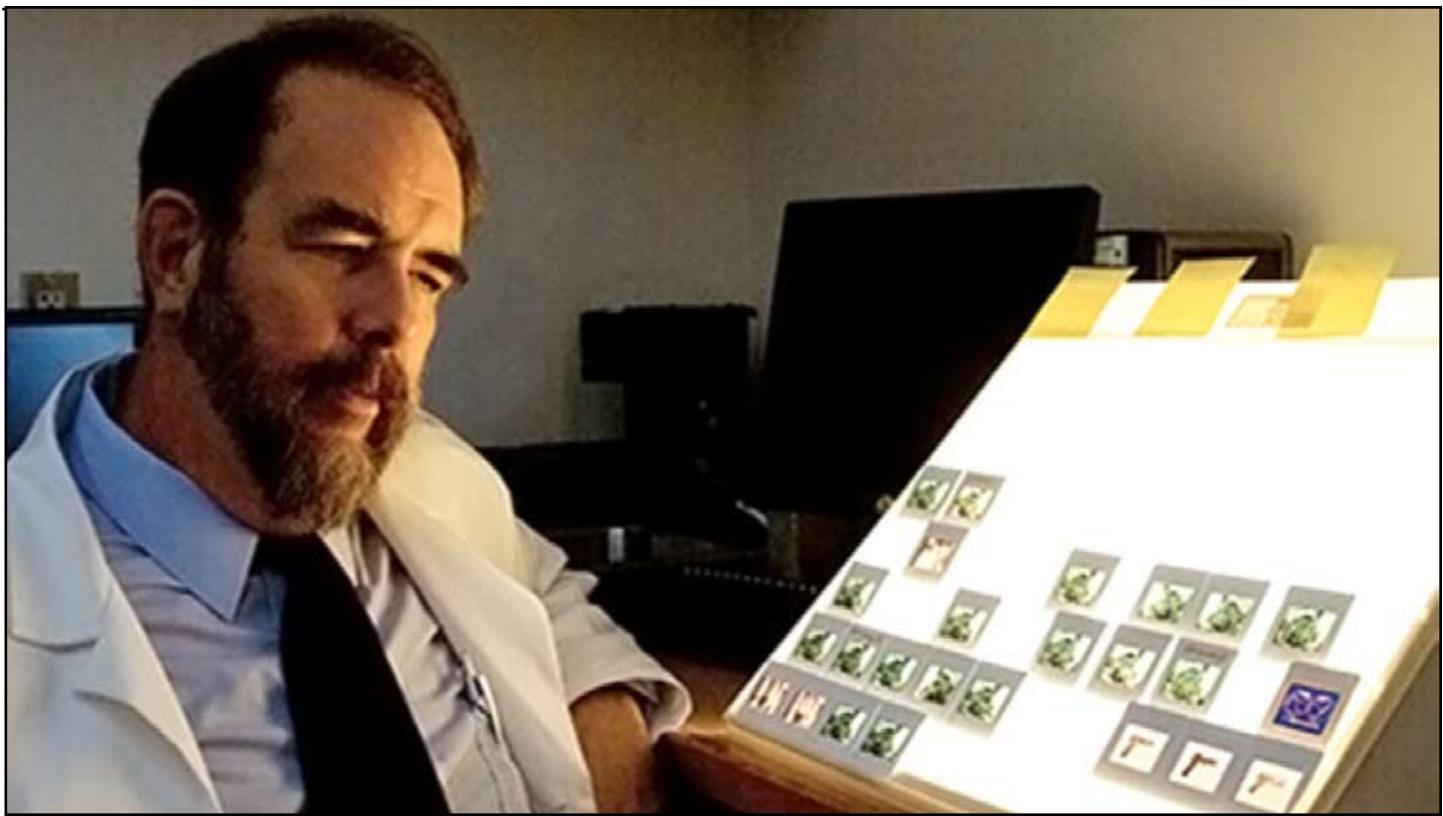
Professor Matthew J. Sharps teaches forensic cognitive science, cognitive psychology, cognitive neuroscience, and the history of psychology at California State University, Fresno.
(Photo credit: Matthew J. Sharps)

... what would happen if people would perceive classical reality for what it is by nature?

In order to gain a deeper insight into how psychology, cultural beliefs, and the paranormal are related, I contacted Professor Sharps and asked him how and why "we" believe in ghostly apparitions and mythological creatures. Prof. Sharps recently answered those questions and more.

* * * *

Q: You are a professor of psychology, but I understand that your first choice of research, as well as your expertise, lies in another field that deals with the past.



Prof. Sharps has researched the cognitive processes involved in paranormal eyewitness events and superstitious behavior.
(Photo source: [Fresno State](#))

Prof. Sharps: I'm pretty much a straight experimental psychologist, working in cognitive and forensic cognitive science, but I also have some training in physical anthropology and archaeology.

I wind up using archaeology in my work all the time, because the cultural context of psychology is extremely important and we see the broadest spectrum of cultural factors by looking at the past.

Q: The importance of the cultural context in psychology, does that lie in the diversity of how people view the world or in an individual perspective?

Prof. Sharps: I think all of these, because you are looking at the attempt of how science evaluates the human boundaries. So I think that you wind up with the larger perspective being extremely important. You are not able to unscrew thoughts and memories from the head and slap them on a board; you more or less have to look at cognition as an activity of living creatures, embedded in a real world.

There are three broad classes of determinants of what

"Our psychological characteristics predispose our paranormal beliefs."

we are evolved to be as living creatures operating in the real world. These are *organismic*, what we are as evolved living systems; *developmental*, where we are in our species-typical developmental trajectory; and *experiential*, what we, as developing humans interacting with local cultural dynamics, have experienced in our lives. The experiential factors, in a way that they are interacting with development, are hugely cultural determinant.

Q: From a psychological point of view, how do cultural heritage, our views, the paranormal, and modern psychology relate to each other?

Prof. Sharps: I think that they interact historically. Before you got the reports from the 1940s about the so-called "flying saucers," the guy who first reported these things reported them as shaped like boomerangs. But then the things were reported as "saucers skipping across the water." Why anybody would skip a saucer on the water I don't know, but before you know it, you get the iconic image of a Frisbee, or literally a flying disk, flapping around in space — from the concept of a boomerang shape inadvertently described as a saucer.



Prof. Sharps has consulted in nearly 200 criminal cases in California and elsewhere, and he has served as a research consultant to the Fresno Police Department. (Photo credit: Matthew J. Sharps)

The concept of Bigfoot, well, if you have enough people believing in its existence, and you display people running around in gorilla suits on television, you wind up with a huge group of people who then start looking for this creature as such. At some point, some of these Bigfoot hunters might see a tree that is oddly shaped, at dusk, or they might see an angry cow in a bush, and if they don't know how an angry cow is liable to act in a bush, they might decide that they've encountered Bigfoot in that bush rather than a cow. But Bigfoot, for them, has horns.

Nowadays people will not generally mistake a comet or a meteor for a UFO. But many years ago, Afonso of Portugal went running through his garden threatening a comet with a loaded pistol because he assumed that it was a harbinger of doom.

So, we see a cultural determinant: We now know more about astronomy than Afonso did, so we no longer threaten comets with guns.

Q: Do you think that the avalanche of YouTube videos and documentaries discussing Mother Nature's monsters are implanting this altered image in our minds and thus is wiping out the cultural beliefs?

"The human brain is programmed to experience phenomena."

Prof. Sharps: The way a phenomenon was interpreted in the European Middle Ages was very different from how it is being interpreted today. So, of course, some modifications will be seen in any given culture.

With your permission, let me give an example. When I was a kid, UFOs were explained as being operated by little green Martians and then later on by interstellar space-faring civilizations, perhaps the Vulcans and the Klingons. But today, that has changed; people may not expect that aliens are flying the spaceships in person, but rather that the ships are being flown by machines.

Today, you see a tremendous amount of artificial intelligence/mechanical mythology around the UFO phenomena and how UFOs are probably drones or perhaps operated by computers.

You also see people suggesting that these things are shifting from dimension to dimension, with reference to poorly understood ideas of quantum mechanics, and this terminology has merged for many people with the science fiction concepts of the Vulcans and the Klingons.

Back in the early days of science fiction, you had these space cowboys, like Mr. Spock and Captain Kirk,

acting more like cowboys with ray guns. Well, fast forward to now, and you have drones that have come through other dimensions. So, yes, as the culture changes, even over decades or in one life time, you see these tremendous cultural shifts.

Q: In your article “Bigfoot and Martians and Ghosts, Oh My!” you mention that people who are experiencing depression are more likely to believe in space aliens and ghosts. Sure, during stressful times one’s mind can give “life” to nature’s optical illusions, such as a spectacle of light or shadows. But combining experiences, or visions, as such with depression and/or ADHD ... that is new for me.

Prof. Sharps: The human brain is programmed to experience phenomena. In what is called pareidolia, we transform meaningless patterns into meaning. A big chunk of the temporal lobe in the human brain deals with faces. So, if you arrange a couple of fried eggs and a strip of bacon on a plate, it might look like a face ... and you can tell if your breakfast is happy or sad. People can all do this. And that is the kind of interpretation we are talking about.

We are not talking about mental illness when we say the word “depression,” but we found that people who tend to feel depressed tend to believe in ghosts and aliens. And this makes perfect sense. When you are depressed, the ghosts show you that there is an afterlife where things might get better; and the aliens might take you to a nicer planet.

But, these tendencies are psychologically specific. For example, people who aren’t depressed but who have tendencies toward Attention Deficit Disorder, or hyperactivity, might find life a bit boring. They don’t like to live in a cubical surrounding. They love the idea of Bigfoot and the Loch Ness Monster, and they tend to believe in both. They don’t care about the aliens or ghosts, beloved of the depressed, and the depressed don’t give a damn about flying saucers or Bigfoot. Our psychological characteristics predispose our paranormal beliefs.

Now, people who have tendency toward dissociation, they believe in everything. We have demonstrated this in an experiment in where people with the tendency toward dissociation actually see Bigfoot in a picture, where others see only a kid in a gorilla suit. And so you have this complex of psychological components and, depending on what they are, interacting in different ways with local cultural backgrounds. And before you know it, the angry cow in the bush is either a Bigfoot or a ghost.



Prof. Sharps’ research interests include the extension of forensic psychological principles to representation theory and to the cognitive bases of observation and interpretation in the sciences.
(Photo credit: Matthew J. Sharps)

These phenomena actually influence what you perceive in the world.

Q: In your article, you also state that the experiences people had, regardless if they are speaking of seeing UFOs, ghostly apparitions, or monsters, are based on non-existing “things” and, because of this, should mean that their non-reality is proven. Is the latter possible at all if the globe contains that many believers? I mean, would that not be, in a way, equal to presenting the Pope the scientific proof that is debunking the *Bible*?

Prof. Sharps: Excellent question. Almost always these paranormal sightings are based on the mental interpretation of something that is real. Almost nobody sees Bigfoot or the Loch Ness Monster without something like a weirdly shaped tree or a school of salmon in the perceptual

field. The process is not like some sort of hallucination. It's cognitive reconfiguration of your perception of stimuli that are already there.

And it's very interesting that there are no known cultures that do *not* have supernatural beliefs — such beliefs very probably have adaptive significance in terms of social cohesion and similar important cultural functions.

Q: You are also an associate member of the International Association of Chiefs of Police and fellow of the American College of Forensic Examiners Institute. You have consulted in nearly 200 criminal cases in California and elsewhere, as well as served as a research consultant to the Fresno Police Department. Is this what has influenced you to write your book, *Processing Under Pressure: Stress, Memory, and Decision Making in Law Enforcement?*

Prof. Sharps: Yes. In the applied forensic work, I found that not very much was really known about cognitive processing in that area. And it's important to have enough research evidence for what we do in law enforcement and criminal justice.

It's also true that the relatively extreme factors in the forensic realm provide an excellent venue for understanding more basic issues in cognition.

Q: But there's a huge difference between criminal and threatening events on the streets and the question of how modern and traditional religion, and the rituals within, are merged with paranormal beliefs, correct?

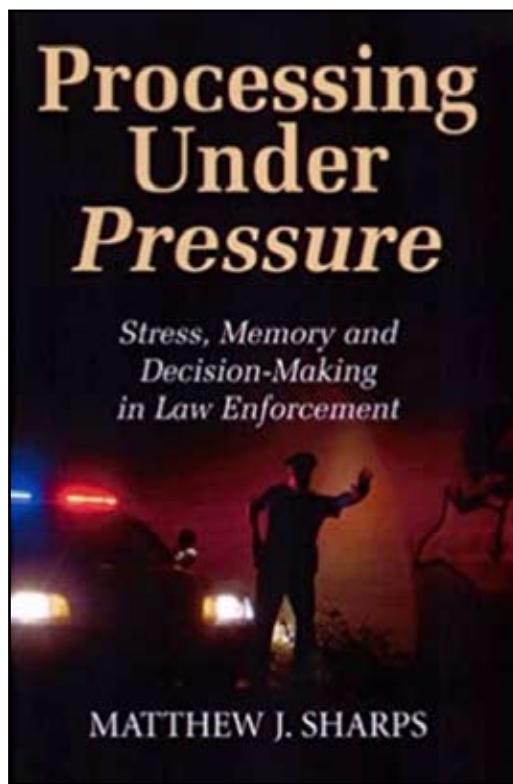
Prof. Sharps: There is continuity in the nervous system, and the same processes involved in eyewitness processing in criminal justice also operate in the eyewitness processing of something like Bigfoot, a flying saucer, or a ghost.

The same processes that turn a blond burglar into a brunette in our minds are the ones that turn an angry cow

in a bush into Bigfoot or an oddly shaped experimental airplane into a Klingon starship.

Q: Does your book contain unexplained phenomena experienced by police officers, or does it only discuss the psychological effects people experience when working under pressure?

Prof. Sharps: *Processing Under Pressure* is pretty specific to law enforcement and criminal justice. It deals with psychology under stress, with eyewitness memory, and with decision-making in those fields, and it extends these principles into PTSD, criminal investigation, and even training in bomb detection.



Prof. Sharps' book *Processing Under Pressure* gives readers "an understandable, practical look at the pressurized world of law enforcement and the impact of stress on mental and physical performance."

Q: Is it possible that we can reverse your theory? I mean, when the mysteries and optical illusions are wiped out of our reality and a mathematical matrix is entering our awareness, many could fall victim to a personal emptiness, becoming a prisoner in their own mind that in turn creates a form of depression and, according to your article, then brings, among others, ghosts and UFOs into existence?

Prof. Sharps: That's a very important observation, and I think that's been happening for a long time. Michelangelo's great painting of *The Last Judgment* in the Sistine Chapel, for example, has been interpreted by some as an allegory for the loss of the predominantly faith-based thinking of the European Middle Ages as the new more science-based thinking of the Renaissance began to rise.

There's a loss of feelings of importance and centrality there, and perhaps a loss of comfort. It's an important question — what do people do and how do they feel in a world where their spiritual yearnings have more difficulty in finding purpose?

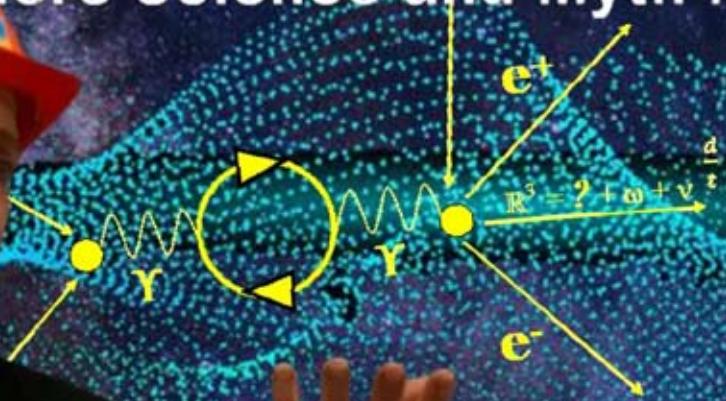
Q: In one of your emails to me, you said, "We don't manufacture paranormal phenomena; we convert natural things into unnatural perceptions" →



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... our minds turn into whatever our personal cultural and mythological landscapes dictate." Could it be that we have a need for believing the mythological stories, religious narratives, mysterious flying objects, ghostly apparitions, and Mother Nature's monsters?

Prof. Sharps: Since all known cultures lean in that direction, I think what you're suggesting is a very good bet. Such belief systems lend themselves to social cohesion, to altruistic beliefs in some cases, and to group conformity and obedience to authority — all important aspects of any given culture.

Q: So, if these vivid experiences are just a natural neuro-psychological defense mechanism in order for us to make some sense of a world in where reality and non-reality seem to merge, should we then debunk them and thus stop them from happening?

Prof. Sharps: That's an interesting question that the science can't really help with. I suppose it depends on the individual point of view being stressed. Do we want to know what's actually happening physically and at what level of explanation? Or are we trying to tell an exhortative or comforting story? Or do we need to use these psychological dynamics to pursue an important social goal, for good or ill?

The science itself usually winds up being neutral on such issues. This kind of question really depends on value judgments, and when science has gotten involved in value judgments in the past, the track record has been pretty poor.

Q: Even though this sounds more than logical, some events are only scraping the boundaries of what is being considered as paranormal. Several years ago, while I was living in South Africa, I participated in an African Vodun ritual. There were neither synthetically nor biological drugs involved; only a few women were present, and the African Death Drum could be heard in the background. Skipping some of the rituals due to these being sacred ... but things went wrong, meaning I could not get out of a trance I had slipped into.

I had to be dragged out of it with physical force. While being in that state I was aware of, or better said "I was" aware of both my astral body and my physical body. It was a grim and surreal

experience of what I can only describe as being possessed by myself.

Now here is the catch. I was born and raised in the Netherlands, I lived in Africa for only three years, and I've lived in Germany for the about the past decade. How is it possible for a person like me to experience this realm in the traditional belief system of this local Sotho tribe?

Prof. Sharps: That's a fascinating experience. There's really no experimental evidence on this kind of thing. But, theoretically, I think, it would be more likely for a relative outsider to have such an experience or to experience it more powerfully or profoundly. Understanding

of anything, in cognitive terms, and this is something I go into a lot in *Processing Under Pressure*, depends on having an explicit, feature-intensive prior cognitive framework within which to encapsulate a given experience.

The people of a given culture are more likely to have such a framework within which to normalize their culture-based experiences than are people whose experience of that culture is more limited than that of the native person. Consequently, it might be that the relevant experiences would be even more profound and striking to a relative cultural newcomer.

"We can identify psychological principles that can result in the perception of ... supernatural experience in some cases."

Q: Do you think modern science will soon provide the desired evidence that proves the existence of Mother Nature's monsters and, perhaps, the existence of the non-physical planes that still look foggy?

Prof. Sharps: Given the history of science to date, I'd say probably not. All we're really able to say at this point is that we can identify psychological principles that can result in the perception of ... supernatural experience in some cases.

Beyond that, the methodological nature of science is not really suited to metaphysical issues. Science is based on public and replicable events, and personal mystical experience, for example, generally are just not reported to operate that way.

* * * * *

To find out more about Professor Matthew J. Sharps, visit csm.fresnostate.edu/psych/facstaff/faculty/sharps.html, psychologytoday.com/us/contributors/matthew-j-sharps-phd, and www.facebook.com/matthew.sharps.54. ♦

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'Spooks' Trabold: EXORCIST IN ACADEMIA

By Maxim W. Furek, maximfurek.com

The purpose of exorcism is the expulsion of demons or liberation from demonic possession, performed by a priest with the bishop's permission. During this rite, the Catholic Church asks authoritatively in the name of Jesus Christ that a person or object be protected against the power of the Evil One and withdrawn from his dominion.

According to Archbishop Ron Feyl-Enright, Chief Exorcist at the Order of Exorcists, The Sacred Order of St. Michael the Archangel in Ontario, California, "Not everyone can be an exorcist or an investigator. We believe it's important that you have a 'calling' from God to do this type of ministry."

Priests can find the ancient liturgy of prayers and exhortations used to exorcise demons and devils in the last paragraphs of the *Rituale Romanum*, the Catholic Rite of Exorcism:

The priest delegated by the Ordinary to perform this office should first go to confession or at least elicit an act of contrition, and, if convenient, offer the Holy Sacrifice of the Mass, and implore God's help in other fervent prayers. He vests in surplice and purple stole. Having before him the person possessed (who should be bound if there is any danger), he traces the sign of the cross over him, over himself, and the bystanders, and then sprinkles all of them with holy water. After this, he kneels and says the Litany of the Saints, exclusive of the prayers which follow it.

The *Rituale Romanum* also contains prayers and rites administered by the priest, including liturgies for the sick and the deceased.

Father Gabriele Amorth

One of the most celebrated exorcists was Father Gabriele Amorth (1925–2016), the official exorcist of Vatican City in the archdiocese of Rome. In Amorth's



Fr. Alphonsus Trabold O.F.M. (1925–2005) straddled the line between ghost busting and academia. He was interested in magic, witchcraft, and the occult, both from the point of view of the paranormal and history.
(Photo: archives.sbu.edu)

book, *The Devil Is Afraid of Me: The Life and Work of the World's Most Famous Exorcist*, he claimed to have personally handled more than 30,000 exorcisms during his career, at a pace of 17 per day.

He dedicated his life to abolishing Satanic evil and taught that ghosts were not real, but demons were. An article written by author and paranormal expert Rosemary Ellen Guiley stated that Amorth believed demonic possession could happen in one of four ways:

Through a curse by another, by continuing a life of sin, by practicing occultism, and as a test of the victim's faith, most usually the trials endured by the saints that prove their holiness. The possessed person invites Satan into their life by choosing the paths of sin and occultism; the two ways are foisted upon the unwary.

Fr. Alphonsus Trabold, O.F.M., Exorcist

Another famed exorcist was Fr. Alphonsus Trabold O.F.M. (1925–2005), who straddled the line between ghost busting and academia. Trabold graduated from St. Boniface School and Aquinas Institute. He taught theology and a popular parapsychology course called “Religion and the Paranormal” at St. Bonaventure University. He had a personal interest in the paranormal, demonic possessions, and connecting with those who had crossed over before him. Trabold was an authority on exorcism. According to *St. Bonaventure University: A Haunted History*:

Fr. Trabold taught students about ghosts, demons, and ESP.

Fr. Alphonsus Trabold was not only well-known for his strange hobbies and interests, but for the class, he offered on campus, nicknamed ‘Spooks.’ Fr. Alphonsus taught students about the paranormal, discussing ghosts, demons, and ESP. In every class he taught, he left the front row of desks open for any ‘visitors from the other side’ that might want to join them for the day.

Trabold, a Franciscan Friar, grew up with a keen interest in the paranormal. In a 2003 interview, he said:

I suppose all kids kind of have an interest in the scary and the occult. I've been interested in magic and witchcraft and the occult, both from the point of view of the paranormal powers and history.

Trabold was known internationally in the paranormal field and wrote numerous articles on the subject. He contributed to Robert Pelton’s *In My Name Shall They Cast Out Devils* and consulted on numerous cases, including events that inspired the 1979 movie *The Amityville Horror*.



Father Gabriele Amorth (1925–2016) was the official exorcist of Vatican City in the archdiocese of Rome. He claimed to have personally handled more than 30,000 exorcisms during his career. (Photo: REX/Shutterstock)

Buffalo Rising author, Mason Winfield, paid Trabold the highest of compliments:

Demonic possession may strike us as something out of the Middle Ages; out of Gothic fiction and film; or, too sadly, out of TV-style ghost hunting and sensationalism. The matter is indeed far from the daily work of the Church; but on those rare occasions that someone calls for help with a problem that might be supernatural, someone is needed to sort things out, to tell the psychological from the psychic, and the ordinarily psychic from that which is serious. A holy person can be needed to deal with the unholy. For Western New York, Father Alphonsus was the one.

And, as clarified by writer Winfield, it is crucial to ascertain that one is dealing with the presence of the Evil One and not a mental illness. Graham C.L. Davey, writing in *Psychology Today*, said that in Western societies, witchcraft and demonic possession were common explanations for psychopathology until the 18th century:

Demonic or spirit possession is still a common explanation for mental health problems in some less developed areas of the world – especially where witchcraft and voodoo are still important features of the local culture, such as Haiti and some areas of Western Africa.

Davey believes that, unfortunately, exorcism has been used to treat individuals with a known history of diagnosed psychotic symptoms.

The Haunted Hinsdale House

Trabold is most famously known for performing the exorcism of the Dandy home, now known as The Haunted Hinsdale House. Clara and Phil Dandy were plagued by strange occurrences involving poltergeist activity, such



Fr. Trabold is most famously known for performing the exorcism of The Haunted Hinsdale House, where Clara and Phil Dandy were plagued by strange occurrences involving poltergeist activity.

as flickering lights, which soon became more threatening. Objects would fly off of shelves, and knives were hurled across the room. The Dandy's two young children heard screams and chanting sounds and suffered bruises and scratches. In addition, they saw shadowy, non-human apparitions.

In 1974, the family contacted Father Alphonsus to perform an exorcism. On April 13, 1974, noted psychic Alex Tanous, a film crew of NYU students and Fr. Trabold ventured to the home to attempt to "de-psych" or cleanse the property, but the haunting became more extreme. Immediately, the house began shaking violently, accompanied by a screaming noise. Reluctantly, Father Alphonsus told the family they were in danger and needed to evacuate their home:

Some ground is just bad, no one knows why. So just leave as soon as you can and take only your things with you. Don't discuss your plans inside the house. This place is just a hole to Hell.

Another of his infamous cases was that of a young woman in her twenties who reportedly sold her soul to the devil. She told the priest she wanted revenge on a family member and began worshipping the devil. Trabold was unable to calm the woman down and sprinkled her with holy water. Then, he commanded the demon to leave in the name of Jesus Christ, the Blessed Trinity, St. Michael, and Our Lady of the Immaculate Conception. The woman threw herself on the floor and began crawling around

the room. The priest repeated his commands for the next 30 minutes before she relaxed. Finally, something ugly and vile began to lift away. The grateful woman told him that this was the first time she felt happy in years.

Trabold is acknowledged for performing a series of successful exorcisms ending the West Pittston Smurfs hauntings that previously involved demonologists Ed and Lorraine Warren. Because Bishop James Timlin's diocese did not have a qualified exorcist, they summoned Trabold "with authority to do whatever was necessary." But, unfortunately, it took four exorcisms to drive the demons out.

Trabold never felt any contradiction between his passion for his religion and parapsychology and sought to integrate them, as he told BonAdventure writer Jim Miller:

Any power that we have has to ultimately come from God. That's to be understood. Otherwise, it just wouldn't be there. Very often, you will find that people associate any kind of paranormal ability — for instance, ESP — (with) something evil. I've had certain groups of clergymen of certain denominations condemn these things. They say, 'It's the devil.' No! No, it isn't. It's just things we don't understand.

In 2001, Rev. Alphonsus Trabold, O.F.M., celebrated the 50th anniversary of his ordination at the Holy Ghost Church in Gates, New York. Trabold died in 2005 at the age of 80, recognized as one of the most accomplished in his field. ♦



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THE HAUNTED HOOVER HOUSE

BY CHERYL KNIGHT

In the May 2017 issue of *Paranormal Underground* magazine, we talked with Reiki master, spiritualist healer, and angel card reader Pamela Barry, who also owns The Gettysburg Ghost Exchange. We recently caught up with Pamela, who is now the co-owner of a haunted B&B — the Historic 1912 Hoover House.

The House is nestled in the Historic District of Waynesboro, Pennsylvania, located 22 miles from Gettysburg and 29 miles from Antietam. The B&B is also open to paranormal investigators, who can book the entire House for private investigations.

Pamela filled us in on the activities at the haunted B&B ... and more.

* * * * *

Q: *Paranormal Underground* magazine talked with you back in 2017. What have you been up to lately?

Pamela: Thank you for keeping in contact. The Gettysburg Ghost Exchange has moved since we last spoke. We are now located in Mark Nesbitt's Ghosts of Gettysburg building. We've been very busy at the Exchange with investigations and providing equipment to the field.

Q: Tell us more about the Haunted Hoover House. What inspired you to open a haunted B&B?

Pamela: The Historic 1912 Hoover House was an old nursing home that was converted into a B&B. It's located on the retreat end of the battle in Gettysburg — we are about 22 miles from Gettysburg.



Pictured at left is an image of a shadow person that was captured in the basement of the haunted Hoover House.

Pictured above, Pamela and Steve Barry enjoy time at the Hoover House.

I bought the property along with a business partner, Jim and Yvonne Wyrick of Keystone Paranormal Society. We welcome everyone to slow down and enjoy their stay while investigating in a historic, elegant bed and breakfast. I was inspired first by the history, and the haunts just adds to the B&B experience.

As a spiritual healer and working in the medical field for many years, this space just made sense. Now I can take care of the resident spirits!

Q: What kind of experiences can guests expect at the Haunted Hoover House?

Pamela: There are many layers to the Hoover House. The basement was a speakeasy, and the building was also an assisted living home for the elderly at one point. Many people have crossed through our doorways, and some decided to remain. We encourage any guests to investigate during their stay if they wish to connect to the spirits.



**The haunted Hoover House is nestled in the Historic District of Waynesboro, just 22 miles from Gettysburg and 29 miles from Antietam.
This former assisted living home turned B&B is host to spirits who never left.**

Q: Have you come across any new evidence of the paranormal since we last talked?

Pamela: During an investigation of the B&B, I was lucky to have captured a photograph of a solid black shadow that had just formed in the basement area.

Q: Have your thoughts and philosophies on the spirit world evolved any since we last talked?

Pamela: I learn something new every day, both with paranormal investigating and with healing. Especially over the past couple of years, many have had a need for healing, guidance, and connecting to spirits and one another.

Q: As an energy worker, what's your perspective on how the pandemic has affected paranormal investigations?

Pamela: Now when we are able to gather, I see a genuine thankfulness, more teams seem to be willing to work together, and the vibration is higher. We no longer take

for granted the opportunities to gather, and when we work together, great things can be accomplished.

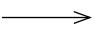
Q: What else is important for our readers to know about you and your work?

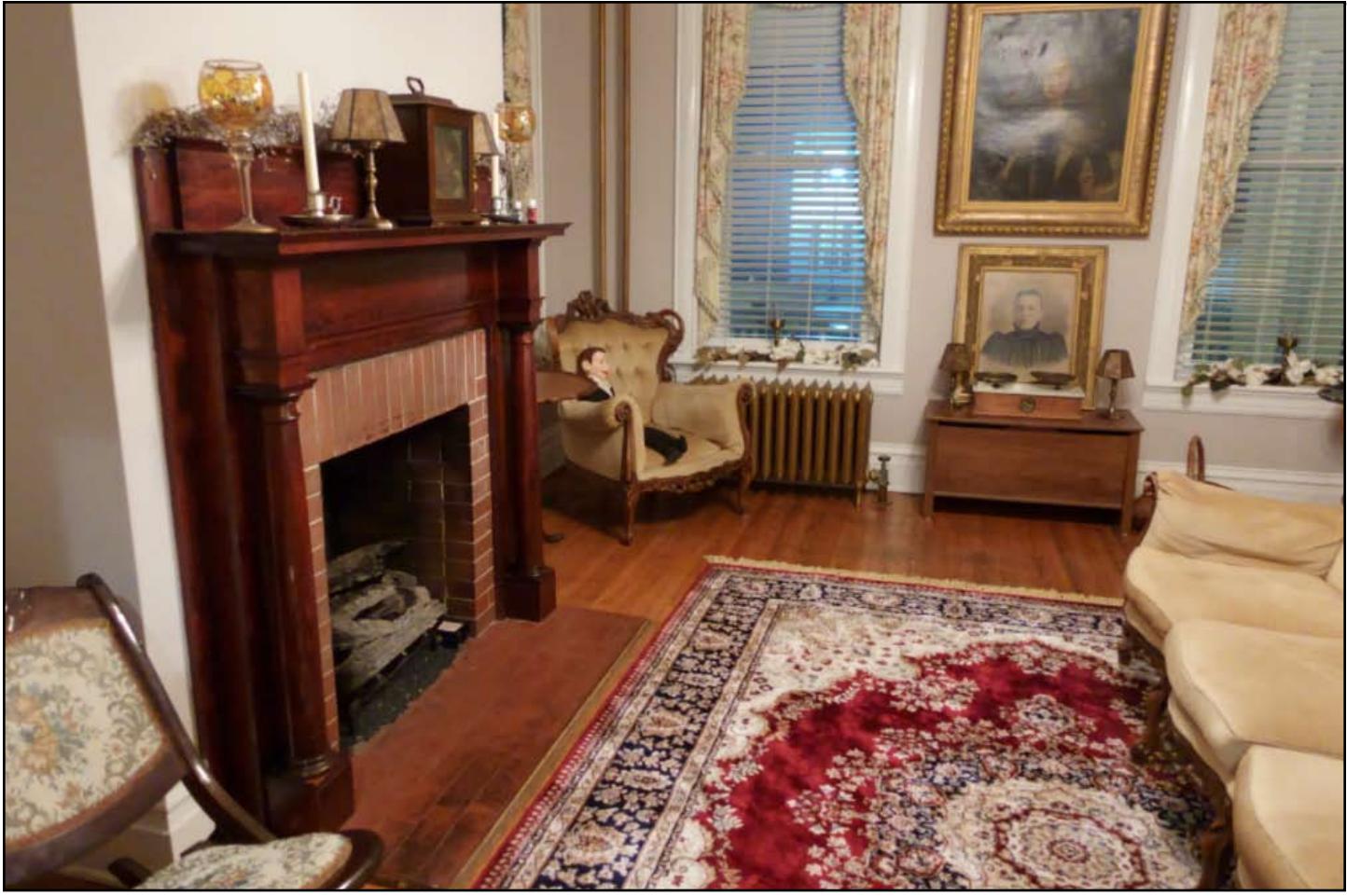
Pamela: For my energy healing work, I now have two spaces where I work — at The Gettysburg Ghost Exchange and at the Historic 1912 Hoover House. I also host tarot, tea, and Reiki events.

I also want to invite everyone to reach out in both times of need and joy. I am cheering you on to accomplish great things, to find amazing evidence, and to remind you to challenge yourself — and remember great things are just on the other side of fear! Don't stop! Keep going!

* * * * *

To find out more about the history of the 1912 Hoover House and how it evolved from a private residence to an assisted-living home to a haunted B&B, continue reading on the next page!





The haunted Hoover House is open to paranormal investigators for private investigations.

A Complete History of the Haunted Hoover House

The Hoover House was built as a private residence in 1912 by Ira and Ella Hoover after they sold their farm, which was situated south of Waynesboro and is now the Municipal Golf Course. After the deaths of Ira and Ella, Elenore, who was their only child, inherited the home and lived here until her sudden death in 1954. She passed of Coronary Thrombosis in what is now The Holzer Suite, as she was writing a book about the history of Waynesboro.

After Elenore's death, Joe and Carolyn Ausherman purchased the house and raised their family there. They preserved the Hoover House's original beauty for three decades. During the 1980s, the Ausherman's sold The Hoover House to The Eigenbrodes. In 1984 Dick and Joann Eigenbrode opened a full-service restaurant with dining and meeting rooms on the first and second floors. The Coal Mine was opened in the basement of the restaurant as a more casual lounge.

In 1987, Patty Clark purchased The Hoover House and turned it into a personal-care home. Licensed by the state of Pennsylvania, it was a residential nursing home that provided personal services, 24-hour supervision and

assistance, activities, and health-related services for its elderly residents for more than 15 years.

In September 2003, The Hoover House was purchased by Waynesboro-Rose Manor LLC. Subsequently, its residents were moved to the renovated Leland Hotel at 120 West Main St. Waynesboro. Almost six months passed while the nostalgic Hoover House sat vacant.

Barb and John Persun purchased the vacant nursing home from Waynesboro-Rose Manor LLC in March 2004. They opened The 1912 Hoover House Restaurant on September 28, 2005 after some renovating of all three floors of the former nursing home; they lived on the second and third floors. Fast forward to today, and The Historic 1912 Hoover House is open to the public to come and stay and investigate its bygone days.

* * * * *

To find out more about the haunted B&B, visit historic1912hooverhouse.com and facebook.com/HistoricLBNB. For more information about the Gettysburg Ghost Exchange, visit facebook.com/LargestParanormalStoreInGettysburg. ♦



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THE ST. CLAIR TRIANGLE UFO INCIDENT OF 2000

By Cheryl Lynn Carter, cherylllynncarter.com

Within the heartland of Southern Illinois is an area known as the St. Clair Triangle. During the early morning hours of January 5, 2000, while most residents were sleeping, it earned notoriety when several eyewitnesses, including police officers, reported seeing a massive triangular craft in the pre-dawn sky.

It was a bitter cold morning, when at 4 a.m. Melvern Noll went to inspect his miniature golf course, named Fun Land, to determine if the office plumbing had frozen. He noticed a bright light in the sky and assumed it was a star. However, something about it didn't seem quite right.

He went inside the office for a few minutes, checked on the plumbing, and returned to his truck. Now, the bright light was shining down toward the ground. As it came closer, about 800 to 1,000 feet above him, he saw it was some sort of craft as large as a football field that appeared to have two floors with windows that were brightly lit inside.

It was moving in a northeast direction and not making any sound. He was fearful that nobody would believe his story, but he reported it to the police. Dispatch immediately sent out an officer to investigate. A neighbor, who had been listening to his police scanner, heard the call and went outside. He also saw the mysterious object that he described as having several bright lights.

At 4:12 a.m., as Officer Ed Barton approached the area, he saw a massive, elongated, triangle-shaped craft in the sky. It was about 75 feet in length and 40 feet wide. At each corner was a massive bright white light, and a smaller flashing red light was on the bottom. The rear of the craft had an array of white lights across the side and a thin strip of multicolored lights that ran horizontally. It was approximately 1,000 feet above the ground and not making a sound.



Photo: Wikimedia user SkeezerPumba

As he watched it, it began rotating in the sky as if to turn. However, it did not bank like any regular aircraft. Instead, it pivoted in midair without ever tilting to one side or the other and remained completely level.

At 4:23 a.m., Officer Dave Martin observed an object hovering at an altitude of about 1,000 feet above the ground. It did not make any sound and resembled the shape of a very large triangle about 75 to 100 yards wide. Three brilliant lights were being projected downward from the craft, and small red and green lights were on the back end. The bottom did not appear to be a flat surface; one section was lower than another section. He recalled there being some detail on the bottom of the craft that looked similar to building blocks.

At 4:28 a.m., Officer Craig Stevens spotted an



The St. Clair Triangle UFO incident in January 2000 was reported on by local news media and later examined in detail on several TV programs.

object in the sky at an altitude of about 500-1,000 feet. It was silent and was V-shaped with a concave rear with a horizontally moving strobing white light. The entire rear surface consisted of a bank of white lights similar to the description of the others, and the texture of the craft was compared to the three-dimensional blockiness of a naval battleship.

Then at 5:03 a.m., Officer Matt Jany observed a craft hovering approximately 1,000 feet above the ground. It was triangular shaped with lights that were brighter than a typical aircraft. It was silent with large red glowing lights on the underside, accompanied by white lights that were flashing around the craft's perimeter.

That morning, the National Institute for Discovery

Science (NIDSci) – founded in 1995 by real-estate developer Robert Bigelow – received a report via their 24-hour hotline from Officer Stevens in Millstadt, Illinois, stating that an unidentified flying object was observed in Lebanon, Highland, Dupo, Shiloh, Summerfield, Millstadt, and O'Fallon. Among them were some very credible witnesses, including a business owner and four police officers. Overall, the object had traveled approximately 62 miles in a southwestern direction within an hour.

John Velier, Bigelow's representative, traveled to Illinois and interviewed as many witnesses as possible. He interviewed personnel at Scott Air Force Base who stated they did not have any aircraft in the air at that time and had no knowledge of any flying objects in the region. Personnel at Boeing in St. Louis stated they did not have any aircraft in the sky between midnight and sunrise.

According to the official report from Colm Kelleher, deputy administrator of NIDSci, which went defunct in 2004, the investigation never reached a conclusion.

Officer Barton's account disputes any theory that the UFO was from our own government. He said his father was an active member of the Air Force for 21 years, and with the family having lived on base, he had become very familiar with both foreign and domestic aircraft.

The incident soon caught the attention of the media, and several news stories covered the event, including *UFOs Over Illinois* on the Discovery Channel and an independent documentary by Darryl Barker titled *The Edge of Reality: Illinois UFO January 5, 2000*. ◆

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THE HAUNTINGS OF HISTORY

By Tom Rannachan, tomrannachan.com

Like many investigators of the paranormal, I have spent over three decades in numerous allegedly haunted old castles, ruins, and ancient buildings where it was claimed that historical figures from hundreds of years ago have been witnessed haunting the place. Eyewitness accounts of these ghosts usually describe some familiar spectral figure dressed in period clothing usually thought to be in perpetual turmoil due to some tale of lost love or a tragic event that may or may not have occurred way back in the mists of time.

Many of the ghostly inhabitants in Scotland's castles I've investigated were described to me as green ladies who are kindly and protective, and sometimes a grey or white lady was said to haunt the corridors too. It does seem that the color schemes in the afterlife are rather limited! I can add that I've been honored to have seen quite a few of these figures on my paranormal travels.

During my lone vigils and investigations in ancient buildings throughout the U.K., I have to say that very rarely have I experienced a genuine intelligent haunting and found that most of the stories or reported activity had usually been exaggerated in the retelling or was simply down to the imagination of those involved due to the power of suggestion — that "If it looks haunted it must be haunted" myth.

Any genuine activity I did witness was usually residual in nature and rarely interacted with me. I say usually because there have been a couple of moments when I knew for certain I was communicating with someone who had left this mortal coil several centuries ago, and these interactions are by far the most fascinating experiences I've personally had. This has led me onto a rather strange quest — initially for my own curiosity — to seek out the spirits of famous characters from history and discover more about their lives and personalities.

For instance, it is claimed that the spirit of Mary



Photo by John Wilson

Queen of Scots, in particular, haunts several different locations across my own native land — all located many miles apart. This leads me to believe that she is possibly the busiest, most well-traveled spirit ever or that maybe witnesses were possibly mistaken and it wasn't Mary?

Over the years, I've visited most of the places where Mary is said to have appeared and haven't picked up much about her during my investigations. I have, however, received EVPs and other communication from other women from that time; a few maids and one lady-in-waiting.

We have to remind ourselves that many of the more affluent ladies from that period would have dressed similar in style. It must be said that Mary's turbulent life and violent ending would be a catalyst for her afterlife visits to several castles she once knew. The first reports of her specter were actually reported not long after her execution by beheading in 1587 when she was seen at Craignethan Castle.

Over the centuries, it has been said that her ghost visits several other Scottish castles too and a few locations as far afield as England and even Denmark. It is said she walks through Tutbury Castle, the Tower of London, and, not surprisingly, her place of death in Northamptonshire. The castle is demolished, but the actual staircase where it's claimed she descended on the day of her execution has been moved and is now within a hotel.

When I personally visited those particular locations, I finally sensed her presence and a message heard through the SB7 Spirit Box I had with me later confirmed it was indeed her: *"In manus tuas, Domine."* A strange message indeed that I couldn't decipher. However, after translation it reads, "Into thy hands, O Lord," which I later discovered were some of her last words as she was about to be beheaded. This was one of the most amazing pieces of proof I've received through an electronic device and gave me the chills I hope for from every investigation.

During my lone vigils, I actually prefer candlelight; traditional methods; such as my own senses, and allowing the spirit to communicate through physical phenomena, such as moving objects and knocking on walls.

A few months back, I began to search for William Burke and William Hare, the infamous murdering duo who murdered people in Old Edinburgh in the early 19th Century and sold the bodies to the surgeons after. During my investigations round the city, I met several spirits of old, but the murderous duo remained elusive in my search. However, I did find the spirit of William Burke — in a pub of all places. This was not any normal pub; this is Edinburgh City's oldest public house, The White Hart Inn. This was a place where Burke & Hare would meet, drink, and lure their victims to their deaths.

I must admit I was very surprised to find the afterlife personality of Burke to be a rather light-hearted, humorous, and quick-witted man — dare I say even likeable! I can see how he could lure a victim out into the foggy dark night with his charm and seeming good nature. He communicated with me through a series of knocks on a table and around the room. It was fascinating to receive intelligent responses and poltergeist phenomena from such an infamous character.

Strangely, nearly 200 years after William Burke



ordered his last round at The White Hart Inn, he still claimed to be an innocent man and blamed Hare for all the murders they were both charged with so long ago.

At the time, Burke was found guilty and hanged nearby the Inn on a winter morning in 1829. Thousands had turned out to watch his death on the gallows. His skeleton still hangs to this day in the Edinburgh Medical School, alongside a book covered with his skin.

During my connection with him that night, he said it was his hope that one day his remains can finally be buried on hallowed ground so he can "step across the water & be with my God."

When caught, William Hare gave evidence against Burke, was finally released, and left the Old Town under darkness never to return again.

Finding the spirits of famous people from history is the most fascinating, frustrating yet amazing supernatural work I've ever done, and I've had some incredible experiences along the way.

So who next? William Wallace (*Braveheart*)? Napoleon? Christopher Columbus?

I'll keep aiming high, and as the saying goes: Go big or go home! ♦

ABDUCTEES & HEARING VOICES

By Rainbow Radaelli

Have you ever wondered about people who hear voices in their heads? Does schizophrenia come to mind or some other type of mental illness? Have you ever driven past someone who was standing on a street corner talking to someone yet there was nobody there?

These examples have so much to do with the fear abductees have with being connected to some sort of mental illness, which leads many of them to stay silent about their experiences. I speak from experience, because for many years, I wouldn't speak about mine. What made me come out of the closet so to speak? Finding my voice.

Grey Aliens Were My Teachers

What I'm about to share may be shocking and hard to believe, but it's all true.

When I was a young child, I was taught different things, including levitation and mind over matter, from extraterrestrials — the Greys to be exact.

When I started school at age six, I had a very difficult time switching over to the typical school curriculum. Most of my teachers up to that point had been short Grey beings who spoke to me in my head. It wasn't easy for me to switch back and forth, especially with reading.

I was constantly scolded because I was constantly behind the other kids. I remember it as if it was yesterday — my teacher literally telling me that I was retarded as she compared me to my other classmates. It was a painful experience, and one that scarred me throughout my school years.

I paid quite the price for learning the telepathic way, and what is so sad is that up to that point in my life, I thought it was normal. If my teachers only knew. What might have they said then?

There is a theory that when children go through stressful or terrifying experiences that they build up a lot of wax in their ears. This happened to me. There have been a few glimpses of what I experienced as a child at the



hands of something very dark, but then it fades away just out of my reach.

I can't say I mind, because sometimes there are things that should just be left alone. But, strangely enough, at the tender age six or seven, there were different residual effects from these experiences — and one in particular that led to a buildup of wax in my ears.



Photo by Pat Berrett

The day my parents took me to an ENT doctor stands out, because I remember the amount of wax that came out of my ears shocked even the doctor. It looked like waxy, twisted pieces of twine. Gross I know, but the question that lingers to this day is how did I even hear anything? It's simple, with telepathy you hear with something very different.

Searching for a Path of Acceptance

I put my school years behind me and looked for another path, one that welcomed someone like me. The "medicine way" was my way of fitting into a world that accepted me for all the strangeness that I represented. You were supposed to hear voices in your head, and the fact that I did already made me feel like I had finally found my place in life.

Now, I'm not saying it was a criteria for becoming a medicine woman, but at least I wasn't so different, not in the way where you feel isolated. I mean, how does a teenager ask her friends, "Do you hear voices too?" It's a dark secret that gets pushed way down deep inside. It's an insidious weight to carry as a child that gets heavier with time.

Incredulously, one day the voices stopped. Weeks went by, and I realized that I was experiencing silence for the first time. There wasn't the intense mechanical humming sound I heard all the time or those little voices speaking to me. I was sleeping the whole night through. And when I was a senior in high school, for the first time

in my life, I felt normal – just like everybody else. Silence wasn't just golden; it was life changing.

Alas, it seems to be, there is an unfair rule that all good things must come to an end. Unfortunately, the silent time was short lived. They gave me a year of silence. I guess so I could finish my senior year in high school in peace. Beggars can't be choosers.

Dealing With the Voices

The insanity of being me led me to find that respite that all but eluded me, almost like it was playing hide and seek with my sanity. As the years went by, I was constantly reminded that the voices came and went at their own leisure, but yet they would always be a part of my life.

I tuned out what I could with music. Music became my way of finding peace, and the louder it was, the more peaceful I felt. Performing was my way of coping with the voices in my head. For those brief moments on stage, the voices could no longer be heard, only my own creativity along with the music.

As the years went by, it became obvious that there were many kinds of voices. In the beginning, I gave all the credit to the Greys, but I think there were humans involved as well. Who knows, it could have been humans all along, but my memories with the Greys are very detailed and distinct. So, I think some black ops groups just jumped on the bandwagon and joined the mind game.

PERSONAL EXPERIENCES: PARANORMAL ENCOUNTERS

When I was in my 30s, the voices weren't just in my head, but showed up in other crazy ways. The voices could be heard in phone calls I made or from my computer speakers. There would be someone listening in and occasionally talking, interrupting my conversations to the point that whomever I was talking to could hear them too.

It wasn't just a click here and there. There would be people talking in the background like they were in a large room. One time it was a bit funny, because two people were talking outside of my conversation with a friend of mine. We both got irritated and told whoever was listening in to either join our conversation or get off the line. At the time, we were on our cellphones talking to each other, and interestingly enough, this male voice hesitated and then clicked off.

I can't fathom why anybody would care who I was or what I was doing, but the fact of the matter was someone did care. My friends told me that I was their only friend this happened with. I was starting to get those old feelings back, especially those of feeling weird and different again. Maybe I should just be honest here and say these feelings never really left me, but I hadn't tripped over them in a long time.

Where's the Proof?

One night I was sitting at my computer writing choreography for my students, when all of a sudden I heard two people talking from my speakers. I knew it was a man and a woman. I thought it was weird that there was some kind of radio device coming through my speakers.

I shut my computer off and turned it back on and heard nothing. I thought the voices were gone. Then within minutes, they were back. And the man said to the woman, "Does she know we're talking?" She responded to the man, "No, there's no way."

I wondered if they were talking about me! I decided to test that theory and chimed in matter-of-factly, "I can hear you." And that's when things got really weird.

The woman said, "Did she just say she could hear us?" I answered, "Yes." They started freaking out and talking a mile a minute. I was getting irritated and had to get to work with my choreography. So I turned my favorite music on and tuned them out. Within 15 minutes they were gone from my speakers for the rest of the night.

Where Does Telepathy Fit In?

How do other aspects of telepathy fit in with these voices? Is remote viewing similar in that it uses the same part of the brain that is used for telepathy? Psychic Ingo Swann stated that he was a "consciousness researcher who had sometimes experienced altered states of consciousness." He did what we today call remote viewing.

Is the Greys' ability to telepath to humans this type of altered state of consciousness? Are they teaching human children this ability at very young ages? If so, then can you imagine all the young children at various times that are using this ability and what it can mean for them as adults?

The question is, how much of the pineal gland is involved and if children such as myself who were taught how to gain access to that part of our brain activate this at will? Esoterics calls this our third eye. I call it dimensional walking. No matter what it's called, I feel it can change humanity at large. Imagine what other parts of the brain we could gain access to.

Just a few years ago, I went to go see an ENT doctor because my ears were aching and sore. No matter what I would do, they just didn't feel right, so I scheduled an appointment to find out what was wrong. So this doctor checked them out, and the interesting thing is

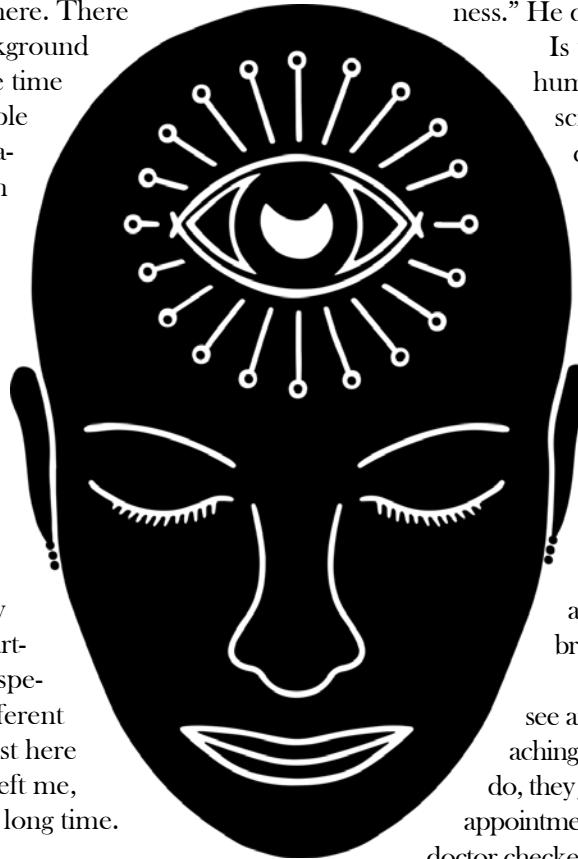
he told me that I have the hearing of a 10-year-old and that he could find nothing wrong with my ears. Maybe the years of hearing those voices in my head saved my hearing. Go figure.

What's Next?

Perhaps the next step into the future is within us, not outer space or the next galaxy far far away. I tend to look for the obvious in life, and maybe the road to understanding why those voices exist in the first place has to do with the fact that I have forgotten to explore who I really am.

In some ways we are all unexplored galaxies. There's so much about the brain, especially the pineal gland, that we don't know or understand. Our potential or limitations have to do with how much time and energy we put into learning what being human is all about.

In any case, if hearing voices has given me a glimpse of what my potential could be, it's something I can live with. It doesn't mean I'm crazy; it just means I'm open to all the possibilities of what I can become and that it's time to talk back to these voices and ask, "What's next?" ♦



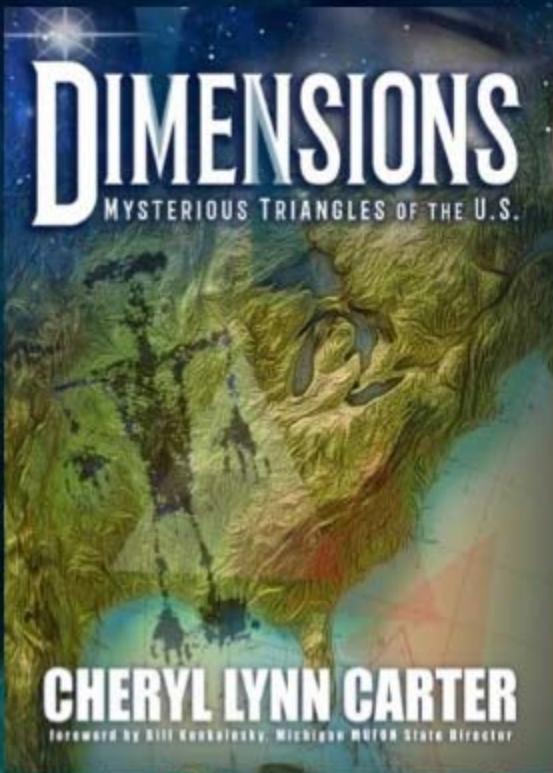
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AN INVESTIGATION IN SOMERVILLE

BY BOB FOUNTAIN, SPECTRAL TECH



When was the last time you watched a paranormal-themed television show where there were no malevolent entities, scared victims, or feelings of dread, but just people and entities just living happily together?

Unless it was a Disney movie, my guess would be never. Basically, fear sells, as evidenced by the content of most shows nowadays. Watching an episode of happy endings is not what most people tune in to see.

Recently, our paranormal investigative team was invited to investigate a house in Somerville, Tennessee, owned by Cory and Beverly.

It was one of those investigations that was based on curiosity rather than an urgency to find out whether the

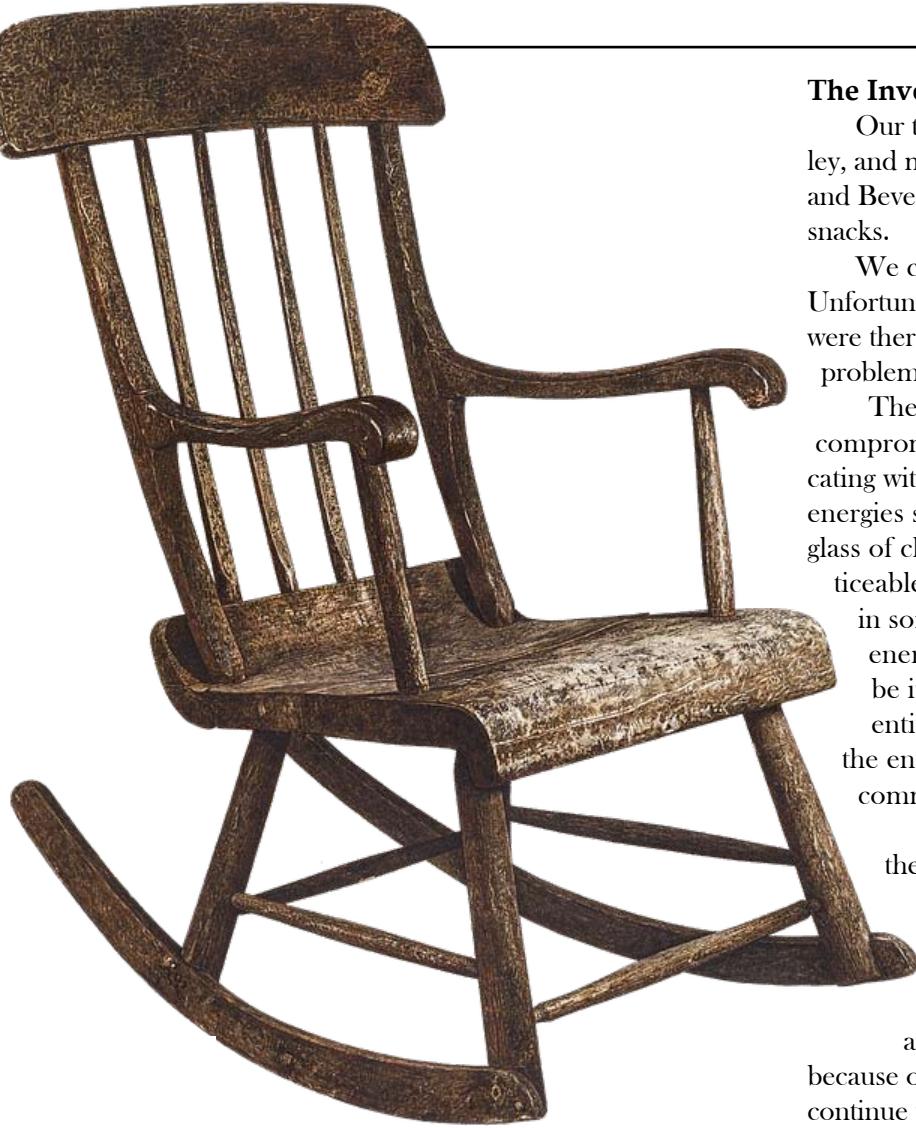
home's residents faced impending doom. No threats, no demons, no activities meant to scare you in the middle of the night. Just curiosity.

My wife's nephew, Greg, was instrumental in prompting this investigation. Greg had been at Cory and Beverly's house on several occasions over the years and had experienced several occurrences of his own, many of which mirrored claims from the family.

Paranormal Claims

During the pre-investigation interview on the phone, we were provided with a wealth of claims from the family, including the following:

- Their daughter had reported seeing an old lady in a



long white wedding dress in her bedroom several times.

- The family hears knocking on windows, as if to get someone's attention when they are leaving the house.
- Beverly felt a cold hand on her shoulder when taking a shower.
- At 3 a.m., the family has heard what sounds like a man sitting on their front porch playing a guitar and singing.
- They have a ghost dog, which has been seen or heard by them and the other dogs in the house.
- They have a rocking chair that will move (rock) on its own.

Finally, they had a friend visiting with their little girl. The girl looked in an adjoining room and said, "Be careful Annie." There was no one in that room. No one present knew who Annie was but later found out that previous owners had a young daughter named Annie who died in the house.

The Investigation

Our team consisted of Angela Wallace, Tara Finley, and myself. Upon arrival, we were greeted by Cory and Beverly, who immediately offered refreshments and snacks.

We could feel the positive energy they radiated. Unfortunately, we found several people in the house that were there just to watch us investigate, which causes huge problems during an investigation.

The mixed energies of so many people will usually compromise any attempt at investigating or communicating with what is present. When you enter a house, energies swirl, like drops of food coloring placed in a glass of clear water. That is why you often feel a noticeable difference if a stranger sits right next to you in some waiting room or packed event. As your energies touch, a new equilibrium is developed, be it positive or negative. The same applies to the entities you are trying to communicate with. Often, the entities present will either hide, leave, or refuse to communicate at all.

We failed to clarify before the investigation that the only people that should be present is the investigators, and possibly other members of the residence who may prompt communication with whatever is present.

As a rule, in this situation, we don't even attempt to investigate and try to reschedule, but because of the distance we had traveled, we decided to continue the investigation anyway.

To begin the investigation, we went through the house to get baseline readings of electromagnetic frequencies (EMF). Tara found a high amount of this energy in Cory and Beverly's bedroom, which should be further investigated.

Boo Buddy (BB) — a specialized teddy bear that is equipped with sensors to detect movement, temperature, and EMF variations — asks random questions every 40 seconds.

A digital recorder was placed close to where it was set up to capture anything attempting to interact with it. BB was placed in a room away from all of the other activity in the house.

Several times throughout the investigation, BB said it liked holding hands or was being tickled. This is a response it gives when something is moving or touching it, and it was recorded when it was in a closed room with no one present.

Much of the first half of the investigation resulted in little or no activity at all, but once most of the spectators had left, the interaction increased significantly.



EVP Analysis

There were three tape recorders used during the investigation, recording over four hours of data. Out of those recordings, we were able to capture only four clips that were intelligible, which is not unusual.

The three clips we found most interesting was when BB asked, "What is your favorite color?" and was given a response of "red." This was in an empty room.

When Beverly was talking about a cold hand touching her shoulder in the shower, a very faint and quick response can be heard: "It's your uncle."

Finally, as we were wrapping up near the snacks they had prepared, a female voice can be heard under our conversations saying, "Goodnight, friends, goodnight."

K-II Communications

Spirits often try to communicate with the devices we use that are easiest for them to interact with. Sometimes it's EVPs only; other times it's through EMF devices like the K-II Meters. In this investigation, the K-II Meter was the piece of equipment the entities chose to use the most.

Before we begin sessions with a K-II Meter, we explain to the entities that the meters light up from green to red. When we get a response of red, it means yes. No response is meant as a no. The higher it lights the meter, the more powerful the response.

The following is a listing of some of the positive responses recorded during the investigation:

- Are you a little scared of the K-II Meter? —Yes
- Are you a female? — Yes
- Is there more than one here? — Yes
- Is the lady in white here? — Yes
- Are there 5 to 10 entities here? — Yes (they could be counting the living as well)
- Are you stuck here? — No
- Do you like to hang out with family? — Yes

It should be mentioned that the SLS camera did project a "stick figure" of a bipedal form by the rocking chair during the EVP session that Tara initiated.

Conclusion

Based on the claims, experiences, and data we collected, we believe that the family's house does have entities present. That does not mean that they are there all the time, but we believe they come and go. None of them appeared to be negative, as we did not sense anything of that nature throughout the investigation.

The constant interaction with the Boo Buddy teddy bear could have been caused by the child spirit of Annie, who might also be the only spirit who does have a reason to stick around full time and might need help to cross over. In the meantime, she has a ghost dog to play with and a loving family and happy environment to coexist in.♦



NEW YOUTUBE CHANNEL

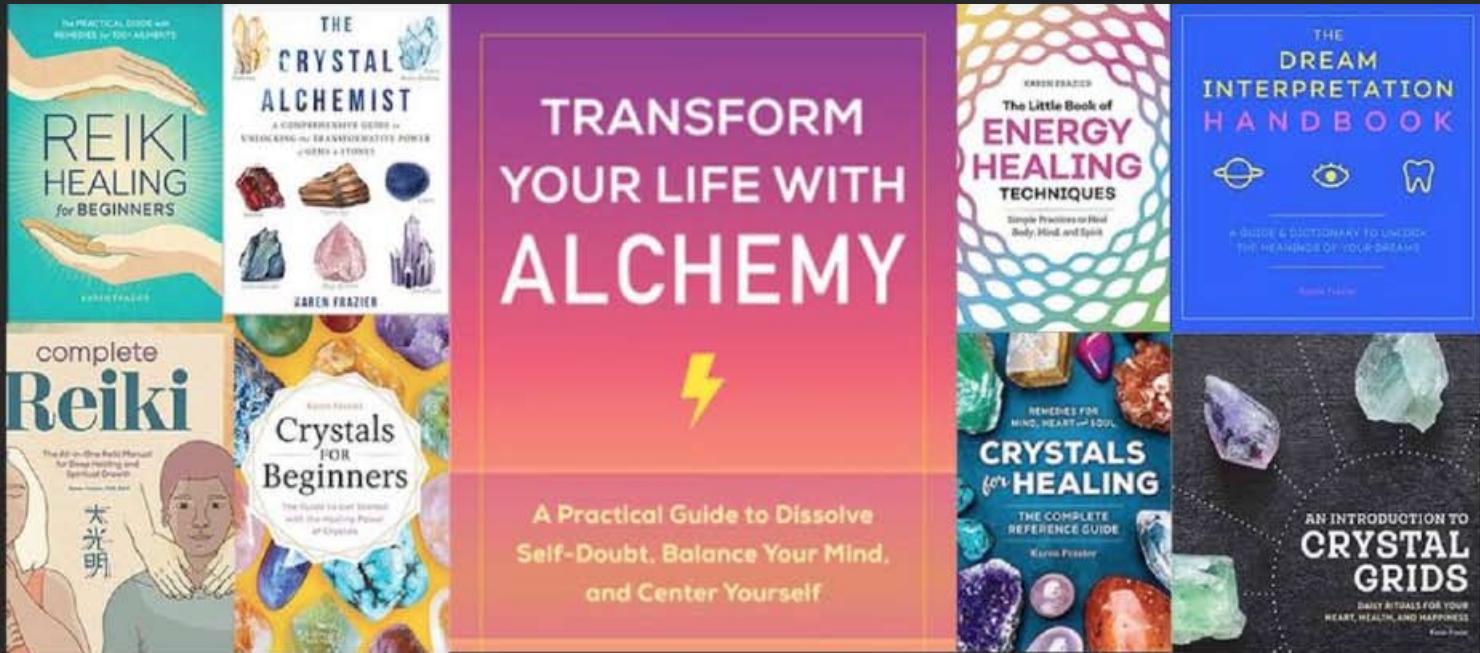
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Are You Living Up to Your Personal Potential?



AuthorKarenFrazier.com

PEACOCK ORE THE MYSTIC'S STONE

By Karen Frazier, AuthorKarenFrazier.com

I've never been particularly drawn to peacock ore — also known as chalcopyrite. I mean, I always knew it existed, and I've even written about it, but it was never part of my personal collection.

So if I was somebody who believed in coincidences, I'd think it was a fun consonance that peacock ore showed up in the mail for me unbidden and unasked for not once, but twice on the same day in two separate packages delivered by two different carriers. However, I'm not someone who thinks that way. If peacock ore showed up twice in the same day, perhaps there's something in the vibrational energy of peacock ore I need in my life right now.

In the past few years, I've actually been drawn to peacock colors of vivid teal and purple. I even had highlights of those very colors in my hair for a while. And when we redecorated our living room a few years ago, I chose variations of blue from muted to dark with four peacock accent pillows. A few days before the peacock ore showed up, I also ordered an item from an artisan that was in peacock colors. Of course, until the peacock ore showed up, I made no connection.

Our soul sends us signals like that, and sometimes we just think of them as creative urges or imagination ... until something happens that finally causes us to recognize the pattern. Clearly there is something here in this energy that will support me on my path right now.

On the day the peacock ore arrived, I was working on an article about mysticism and the path of the mystic. The packages both arrived while I worked on



it. And one of the alternative names for peacock ore is the Stone of the Mystic. Chalcopyrite has an orthorhombic lattice structure. Orthorhombic crystals are blockage clearers and cleansers. They can help unstick you.

The primary colors in peacock ore — teal blue and purple — vibrate in ways that affect all three of your upper chakras — throat, third eye, and crown.

Especially potent is the combination of the blue and purple. This can facilitate connection between psychic or intuitive vision, inspiration, and communication, which allows you to be better able to share your own unique vision with others in whatever way you communicate, whether it's in writing, verbally, or

through any other form of expression, such as art or movement.

As a blockage clearer, chalcopyrite can also remove energetic blockages so you are able to receive intuition and communication more clearly from your higher self and from higher realms. It truly is the stone of the mystic in the way it facilitates the process of receiving information from your higher self, guides, and even the Source, and it helps you create an effective means of communicating those inspirations with the world.

So why is peacock ore in my life right now? Recently, I've felt channels of inspiration open up far more quickly than I've been able to communicate them, and there are times I struggle with expressing some of the information and inspiration I receive. This is especially true with channeled information, which is of a high vibrational nature. While I receive the channeled information effortlessly, knowing when and how to communicate it and with whom to share it is definitely something I could be better at.

My guess is peacock ore has come into my life



right now to help me in this process. It is clearing blockages and opening me up so I can receive and channel more information and then express it in the way it needs to be shared so it reaches the people who need to hear it.

I'm always grateful when the Universe provides me with such a clear path and obvious message. It helps me to continue my own spiritual growth in ways that I believe genuinely serve the greatest good.♦



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IMBOLC PREPARES US FOR THE MAGIC OF SPRING

By Dr. Athena Perrakis, Sage Goddess



Imbolc is upon us here in the Northern Hemisphere, bringing the promise of spring. Imbolc is a pagan cross-quarter festival celebrated on February 1, at the midway point between Yule and the Vernal Equinox — when the days continue to grow longer and barren trees stir with new life.

Soon, we'll see all forms of new life emerge. Imbolc is the last call for Bear Medicine. If you haven't rested enough, take the next few weeks to honor the cycle. Learn from the bear and hibernate sufficiently to restore yourself ahead of the busy warmth of the waking seasons. Take nature's messages to heart. In this article, I'll share how Imbolc prepares us for the magic of spring.

Imbolc falls mid-winter and is a time to celebrate the harbingers of the next season, such as crocus sprouting through the snow. It's an ancient Celtic holiday, and

Celtic practice honors a time when life centered on the crop cycles.

Our ancestors' lives revolved around the growth and harvest of crops they grew. They celebrated the first signs of spring on Imbolc and gave thanks for the coming of crops that would bring abundance, nourishment, and the opportunity for growth.

The promise of spring reflects the growth of our hopes, nourishment of our dreams, and birth to new projects and offerings in the world.

Imbolc also celebrates the triple goddess' transition from crone to maiden — she is ever-changing through her cycles. The Celtic goddess Brigid is honored, who reigns over hearth and home. Tending to your home on Imbolc honors her legacy.

This ancient holiday was later interpreted as a day

to feast in honor of the purity of the Virgin Mary (who replaced Brigid as the figurehead), and candles are blessed during “Candle Mass,” hence the other name of this day in modern Christian traditions, Candlemas.

Brigid, like Hestia and Vesta, is a goddess of the eternal flame — the fire within that burns even in the darkest of places, on the coldest of nights.

In the olden days in Europe, they would light fires on Imbolc, creating huge blazes. To me, Imbolc means the fanning of my flame, a reminder of my inner fire, and a burst of energy to clear out and clean up.

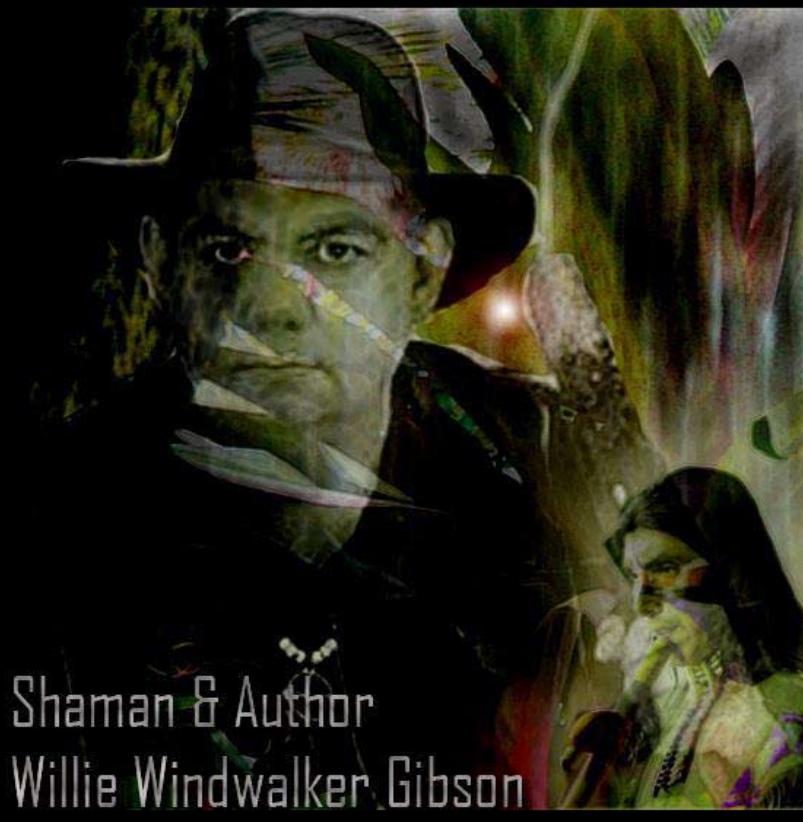
The besom or broom is one of the symbols of Imbolc, because it's figuratively a time of sweeping out old patterns to usher in what is new, fresh, and productive.

I find myself longing for a return to what is pure, clean, and nourishing — fresh

foods, long walks, organic products, deep meditation, and relaxation. I treat myself to alone time — unaccounted space for myself to breathe, soaking in warm baths surrounded by gentle candlelight. My life is no race to the finish — it is a winding road with luscious turnouts and sweeping views.

Thank you, Brigid, for your invitation to the Great Return, for simplicity and beauty, the flowers that grow under your feet — the still waters, the wide rivers, and the flowering blossoms of spring that will eventually yield their bounty of fruits. A'ho to your flame and your courage.

I encourage each of you to embrace the hearth fire within and explore the uncharted expanses of your heart. Sweep out what isn't serving you, and get ready to welcome the promise of spring with a spirit that is energized from winter rest.♦



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PERSONAL MOMENTS WITH BISHOP DESMOND TUTU

IN MEMORIAM: 1931–2021

By Willie Windwalker Gibson

Once upon a time, I served as a peace officer assigned to the fairgrounds police. I did this for about six months until I got my private detective license and went into the private sector. I did this for about a year before taking a job as a security agent for a major hotel. The hotel's security agent was basically a body guard.

I was working at the hotel for about three months when the hotel manager promoted me to a security supervisor of the third shift, meaning I would be managing the night security staff of four plain clothes detectives. One day I was off duty when the phone rang at my house. It was the hotel manager. He wanted me to come in right away. I told him I would be right there.

I got to the hotel as fast as possible and went to the manager's office. It turned out that the manager had a very special assignment for me. He informed me that Bishop Desmond Tutu was going to spend the night at the hotel, and he wanted me to make sure no one bothered him. Bishop Tutu was a South African Anglican bishop and theologian, known for his work as an anti-apartheid and human rights activist. He was Bishop of Johannesburg from 1985 to 1986 and then Archbishop of Cape Town from 1986 to 1996.

I told the manager I would ensure there would be no problems for Bishop Tutu.

Later that afternoon, I stood outside the hotel and waited for the Bishop's arrival. Finally, a large

limo pulled up in front of the hotel and two very large men got out. One stood by the limo as the other approached me.

The man asked if I was the security agent, and I shook my head yes. He informed me that they were security for the Bishop. He nodded to the other man, who then opened the limo door. Bishop Tutu got out. He had a big smile on his face. He walked over to me and extended his hand to me. I took his hand and shook it.

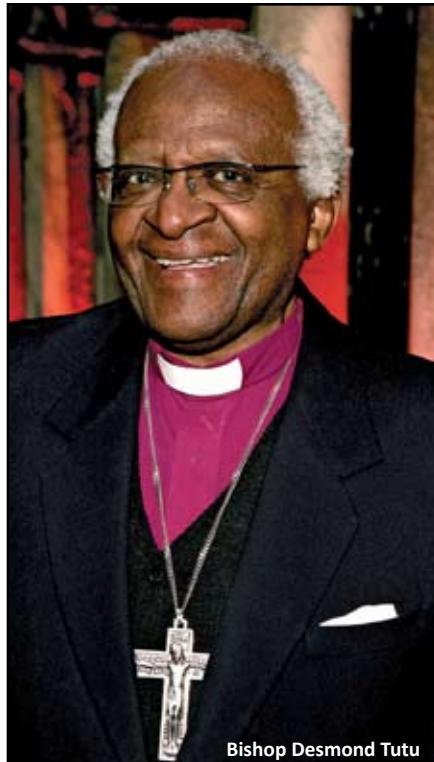
"Nice to meet you sir," Bishop Tutu said to me. I introduced myself as he shook my hand, and then he said, "Ahhh, I sense there's more to you than meets the eye, Willie." I responded in the affirmative.

I escorted the Bishop and his security men to the fifth floor to a suite with two bedrooms. After I made sure they were secure in the suite, I settled down for a long night on duty, making sure no one came on the floor except for room service with coffee and food.

The next morning at about 8 a.m., the door to Bishop Tutu's room opened, and the three men came out. I took them down the elevator and walked them to their limo.

Before the Bishop got into the limo, he took my hand and said, "You, sir, have a mission. With God's help, you will complete it."

He smiled, got into the limo, and the limo drove away. To this day, I have never forgotten that moment with Bishop Tutu. ♦



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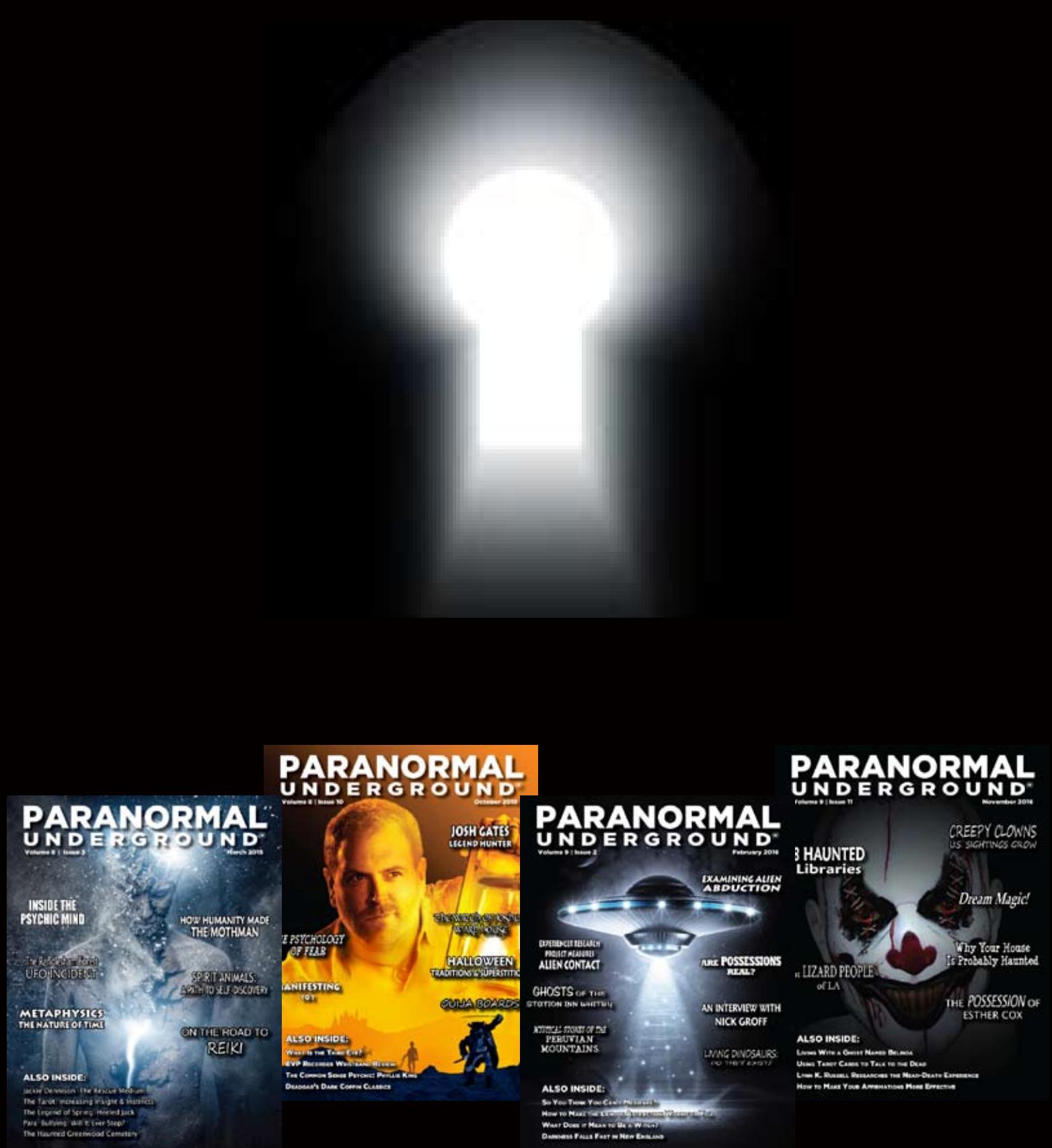
And, as a gruesome bonus, on occasion, I will be joined by Da Panda, Panda Mike, as we take a road trip to a specific location, where we stop and discuss said place of absolute darkness and the horrifying madness that transpired there.

WHERE THE
DARK CORNERS
ARE



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